

## HEALTH APPRAISAL – JUVENILE, AGES 5-17

Circle the number which best describes the frequency of symptoms.

(0) - never or rarely (1) - twice a week or less (2) - three to six times a week (3) - daily

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### Section A

Unable to focus or concentrate	0	1	2	3
Overly aware or alert	0	1	2	3
Easily confused by instruction	0	1	2	3
Difficulty understanding cause and effect	0	1	2	3
Listless, weak, weary, fatigued	0	1	2	3
Loud talk, repetition	0	1	2	3
Short tempered and moody	0	1	2	3
Over-sensitivity to sensual stimuli	0	1	2	3
Agitated, excitable	0	1	2	3
Poor coordination, clumsy	0	1	2	3

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### Section B

Excessive perspiration	0	1	2	3
Expressionless face	0	1	2	3
Red nose, bright red cheek patches, red earlobes	0	1	2	3
Red, itchy, watery eyes	0	1	2	3
Eye puffiness, eye wrinkles	0	1	2	3
Glazed over eyes	0	1	2	3
Recurrent ear infections	0	1	2	3
Lip rash, broken skin on inside of gums or cheeks	0	1	2	3
Discolored and patchy red “geographic” tongue	0	1	2	3
Insatiable desire to eat or drink; food cravings	0	1	2	3
Unusual vocal patterns and speech	0	1	2	3
Leg aches or weak extremities, joint stiffness	0	1	2	3
Bladder problems	0	1	2	3
Sleep problems	0	1	2	3
Changes in writing or drawing	0	1	2	3

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### Section C

Unusual and unexplained fatigue	0	1	2	3
Irritability	0	1	2	3
Headaches	0	1	2	3
Disorientation	0	1	2	3
Depression, lethargy	0	1	2	3
Involuntary muscle movement	0	1	2	3
Anxiety, unusual or unexplained fear	0	1	2	3
Excessive perspiration, changes in heart rate	0	1	2	3

**Section D (DSM-IV)**

Often fails to give close attention to details or makes careless mistakes in schoolwork, work or other activities	0	1	2	3
Often has difficulty sustaining attention in tasks or play activities	0	1	2	3
Often does not listen when spoke to	0	1	2	3
Often does not follow through on instructions and fails to finish schoolwork, chores or duties in the workplace (not due to oppositional behavior or failure to understand instructions)	0	1	2	3
Often avoids, dislikes or is reluctant to engage in tasks that require sustained mental effort (such as schoolwork or homework)	0	1	2	3
Often loses things necessary for tasks or activities (e.g., toys, school assignments, pencils, books or tools)	0	1	2	3
Is often easily distracted by extraneous stimuli	0	1	2	3
Is often forgetful in daily activities	0	1	2	3

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**Section E (DSM-IV)**

Often fidgets with hands or feet or squirms in seat	0	1	2	3
Often leaves seat in classroom or in other situations in which remaining in seat is expected	0	1	2	3
Often runs about or climbs excessively in situations in which it is inappropriate (in adolescents, may be limited to feelings of restlessness)	0	1	2	3
Often has difficulty playing or engaging in leisure activities quietly	0	1	2	3
Is often “on the go” or often acts as if “driven by a motor”	0	1	2	3
Often talks excessively	0	1	2	3
Often blurts out answers before questions have been completed	0	1	2	3
Often has difficulty awaiting turn	0	1	2	3
Often interrupts or intrudes on others	0	1	2	3

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**Section F**

Have you or your child ever been diagnosed with any of the following conditions?

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| <input type="checkbox"/> Depression                  | <input type="checkbox"/> Chronic fatigue       |
| <input type="checkbox"/> Hypoglycemia                | <input type="checkbox"/> Hypothyroidism        |
| <input type="checkbox"/> Allergies                   | <input type="checkbox"/> Lead poisoning        |
| <input type="checkbox"/> Learning disabilities       | <input type="checkbox"/> Bipolar disorder      |
| <input type="checkbox"/> Anxiety disorder            | <input type="checkbox"/> Tourettes Syndrome    |
| <input type="checkbox"/> Obsessive compulsive        | <input type="checkbox"/> Personality disorders |
| <input type="checkbox"/> Conduct disorder (children) |  |